

The background of the entire page is a purple-tinted photograph of several hands reaching upwards from the bottom edge towards the top. The hands are of various skin tones and are positioned in a way that suggests a collective effort or support. The text is overlaid on this image.

Be Her Lead

CONFERENCE
OCTOBER 5 2019

PROGRAMME

www.beherlead.com
hello@beherlead.com

RUNNING ORDER

9:30 - 10:00

Registration

10:00 - 11:00

Introductions and Keynote by Susie Orbach

11:00 - 11.45

Be Her Lead Pilot Presentations

11:45 - 13:00

Break-out Workshops

13:00 -13.45

Lunch and Networking

13.45 - 14.15

Keynote by Laura Coryton

14.15 - 15.10

Panel Discussion: "Working Together"
with Afia Ahmed, Charly Young, Emilie Sundorph, Janeen Hayat,
Natasha Eeles and Laura Coryton

15:15 - 16.30

Break-out Workshops

16.45 onwards

Join us for drinks at The Hampshire Hog

WELCOME

Welcome to the first Be Her Lead Conference!

You wouldn't be here unless you recognised some of the deeply rooted problems relating to gender and other structural inequalities in our society, and we hope you share our commitment to building a fairer, happier world. We founded Be Her Lead because we believe that our education system could be doing a whole lot more to tackle gender inequality, and today we want to talk about how we can collectively shake things up and kickstart positive change.

This conference brings together many voices working to tackle a range of related issues - from teachers and educators, to other organisations tackling gender inequality, to women who want to increase access and representation in their industries. Community-building is at the heart of our mission at Be Her Lead, and our aim for today is to share experience and knowledge, encourage collaboration, and support each others' work.

Edith Johnson, Nell Byron, Eve Richardson & Sabina Lallian (Co-Founders)



ABOUT US

Be Her Lead is a new non-profit social enterprise that empowers women in teaching to build resilience and raise the aspirations of girls in their schools. We do this by training teachers to run workshops for under-confident girls.

We aim to build supportive communities of women in schools to tackle gender inequality at an early stage, and address rising mental health and wellbeing problems among teenage girls.

To find out more and get involved, drop by at our stall at lunch, or email hello@beherlead.com to arrange a call with one of our team.

REMINDERS

We aim to create a safe, intersectional, trans-positive feminist space today. We will not tolerate sexism, homophobia, racism, transphobia, nor oppressive language or behaviour based on any structural inequality, including disability, socio-economic status, sexuality, age, education, religious affiliation or gender expression. Please note that some workshops contain content that some may find triggering or uncomfortable. Make sure you check workshop descriptions carefully before signing up!

If you have any questions, problems or complaints during the day, please speak to a volunteer in a white Be Her Lead T shirt.



SUSIE ORBACH

Keynote Speaker

10:00 - 11:00 | Main Hall

Susie Orbach is a psychotherapist, psychoanalyst, writer, and co-founder of The Women's Therapy Centre in London and The Women's Therapy Centre in New York. She lectures widely in the UK, Europe and North America, has written for several magazines and newspapers, and has provided consultation advice for organisations from the Government (She is the co-author of UK Government commissioned papers on the body) and the NHS to the World Bank. She was a visiting Professor at the London School of Economics.

She is the author of many books. Her first, *Fat is a Feminist Issue*, has been continuously in print since 1978. Her other books include *Hunger Strike*, *What's Really Going on Here?*, *Towards Emotional Literacy*, *On Eating*, *The Impossibility of Sex*, *Bodies* (updated version forthcoming 2019), *Fifty Shades of Feminism* (co-editor). Her latest *In Therapy: The Unfolding Story* is an expanded edition of *In Therapy* (an annotated version of the BBC series listened to live by 2 million people). With Luise Eichenbaum she has written *Understanding Women*, *What Do Women Want* and *Between Women*.

She was recently elected a Fellow of the Royal Society of Literature (FRSL). In 2017 she was the recipient of the first Lifetime Achievement Award given by the British Psychoanalytic Council. She continues to help many individuals and couples from her practice in London.

Keynote talk:

Susie will outline a curriculum with which to engage girls in understanding the beauty and style industries. She will pose a set of questions for students to work on that will address the economic, scientific, environmental and marketing aspects of practices that are harming girls and women and increasingly boys and men.

LAURA CORYTON

Keynote Speaker

13:45 - 14:15 | Main Hall



Laura Coryton is a women's rights activist and author. She started the 'End Tampon Tax' petition, signed by over 300,000 people, which changed EU and UK taxation law.

She now partners with sister tampon tax petitions across the world and is a member of the Government's new Period Poverty Task Force, the world's first government-led group dedicated to ending period shame and poverty by the global deadline of 2025. Her book *Speak Up!*, a campaign guide for rebel girls, was published this year for International Women's Day. She will also be joining our panel discussion and will be available to sign copies of her book at lunch.

Keynote talk:

Using the Period Poverty campaign as an example, Laura will talk about grassroots, student-led initiatives in schools, and how these can function to empower the young women involved.

BE HER LEAD PILOT PROGRAMME PRESENTATIONS

11:00 - 11:40 | Main Hall

Our programme is designed for female students who are in need of extra support to reach their full potential. In Spring Term 2019, we worked with 11 state-funded schools across 7 London boroughs, all serving disadvantaged communities. 27 female-identifying teachers received training and delivered a minimum of 6 workshops for 130 female-identifying students.

Today, you'll hear from some of the teachers and students from our pilot, from the following schools:

Reach Academy Feltham, Park View School, Villiers High School, Logic Studio School, Uxbridge High School, Oak Wood Hillingdon and West London Free School.



WORKSHOP SESSIONS

11:45-13:00 & 15.15-16.30

Choose one workshop for each session. Please be aware that some workshops may be more popular than others and we will close sign-ups for workshops once they have reached maximum capacity.

All workshops are open to any adults attending the conference, but some are especially aimed at teachers/educators, and some do have trigger warnings - so please do check the descriptions carefully before making your choice!

STUDENT SPACE

During all workshop sessions, Sabina Lallian, Co Founder of Be Her Lead, will be running activities and a relaxed breakout space in the library for students under 18 attending the conference. This is a designated safeguarded space for students participating in the day's event to relax and share experiences. There will be games and activities such as henna for students to enjoy. Teachers who have accompanied students here today must collect them before lunch and once they are dismissed.

WORKSHOPS SESSION 1

(11:45-13:00)

Facilitator	Room	Workshop
Alakina Mann, Founder, Anatomy of Pleasure	N.311 (First Floor)	<p>An Intro To Pleasure Anatomy</p> <p>This is the anatomy lesson that might have been more helpful when you were at school. Many of us feel like we were left with a lot of questions about our bodies and sexuality as we were only told the basics of how (not to) make a baby, apart from being heteronormative, this also leaves out pleasure, emotions and connection. This workshop is an illustrated introduction to the anatomy that can bring us pleasure and we talk about how it changes when we get turned on. We place a focus on the anatomy of people with a vulva and clitoris. We'll talk a bit about the messages we received about our private parts and how this has changed. There are some things we won't have time to discuss but will be touched on in your illustrated pack that you can take home. Alakina will be also be running a stall over lunch.</p> <p>*Mild nudity warning, illustrations of vulvas. Nobody has to share or take part in anything that is uncomfortable for them. There are options to work on your own.</p>
Alice Hoyle, Relationships and Sex Education Expert Teacher	N.312 (First Floor)	<p>DO... RSE for Schools</p> <p>This active and participatory workshop will explore the free quality assured DO... Relationships and Sex Education resource for 14-16 year olds. It is mainly aimed at teachers but young people with an interest in quality RSE would be welcome to attend. This resource is a new and exciting way of exploring RSE which encourages young people to be reflective and critical of many of the pervasive social norms including those relating to gender and sexuality. Alice will be also be running a stall over lunch.</p>
Ianthe Greenwood, Head of French/student for MSc Learning and Teaching Drayton Manor High School	N.312 (First Floor)	<p>The Hermione effect: what does the pre-eminence of the high achieving girl trope mean for underachieving girls?</p> <p>This workshop challenges the postfeminist narrative that gender equality has been achieved in schools to the point where girls are even outperforming boys. Evidence from academic research and real-life school data shows that this only half the story.</p> <p>Drawing on literature and our own experiences, we will consider the 'lost girls' who don't meet the stereotype of the overachieving female student. We will ask why underachieving girls have been so overlooked in discourses about gender and education, and we will reflect on how we can address this in our own context.</p>
Lottie Boumeester (Curriculum Lead for PSHEE) and Gurmeet Kaur	N.313 (First Floor)	<p>'Empowering Tomorrow's Women' at Fulham Cross</p> <p>As a case study of a feminist single-sex school in West London, we will be sharing how our school vision, curriculum and enrichment programme empower tomorrow's women. Using examples from daily life, we will share our experiences of a system that actively acknowledges the gender gap and proactively works for inclusivity, as well as critically consider the meeting of intersectionality and the lived experience of our students. This will be followed by a Q&A for teachers attending and promote a wider discussion about schooling and social justice.</p>

WORKSHOPS SESSION 1

(11:45-13:00)

Facilitator	Room	Workshop
Alexandra Sheppard, Author	N.306 (First Floor)	Creative Writing for Teen Empowerment Creative writing workshops are not only enjoyable, but they are also a fantastic way to help girls with their confidence. Join published Young Adult author Alexandra Sheppard for a workshop on how to run creative writing sessions that allow teens, particularly young girls from marginalised communities, to find their voice and tell their stories.
Laura Katan (Teacher, Park View School and Be Her Lead Pilot Participant), Siham Kulane, Lori Fogle, Ellie Smith, Merhawait Michael (Students)	N.309 (First Floor)	Tackling Period Poverty in School 5 students from Park View School in Tottenham will discuss the campaign they ran in school when they realised how period poverty affected the girls in their school community. From getting the school stocked with sanitary supplies to educating the younger years on the issue, the girls will talk practically about how your own school community can raise awareness and tackle the issue.
Abaida Mahmood, Teacher and Trainer QS Training UK	N.308 (First Floor)	How To Grow Our Leadership Skills Leadership is less about our needs, and more about the needs of the people around us and the organization we are leading. Leadership styles are not something to be tried on like so many suits, to see which fits. Rather, they should be adapted to the particular demands of the situation, the particular requirements of the people involved and the particular challenges facing the organization. This workshop will help develop 24 hour leadership habits, adopting leadership styles to suit day to day routines and to cope effectively at work. Let your leadership become your state of mind, feelings, behaviours and attitudes.
Gayathiri Kamalakanthan and Charlotte Hart, Sexplain	N.120 MUSIC ROOM (Lower Ground Floor)	Crafting back: Queer Collaging & #WomenWeSee This craftivism workshop will be delivered by Gayathiri Kamalakanthan and Charlie Hart, both 'unembarrassable' facilitators at the award-winning sex and relationships education organisation, Sexplain. The session will look at the power of collage to explore our identities and speak back to issues of inequality and social injustice. The workshop is based on the Mayor of London's #WomenWeSee campaign, which examined diversity in public advertising in the capital. The session will explore matters of representation, gender and intersectionality, before giving participants the opportunity to "craft back" through creating their own artwork, with guidance from our experienced collage artist Gayathiri. We will provide a brief explanation of Sexplain's LGBTQIA+ inclusive, sex-positive sex and relationships education programmes, and how to get involved. Everyone welcome, and all collaging materials provided!

WORKSHOPS SESSION 1

(11:45-13:00)

Facilitator	Room	Workshop
Sophie Lavergne, School Librarian / CuratorAuthor Stephen Perse Foundation (Cambridge)	N.119 ART ROOM (Lower Ground Floor)	'The Hermione effect: what does the pre-eminence of the high achieving girl trope mean for underachieving girls?' Is your favourite movie sexist? Can a teenager find role models on Instagram? Why do all little girls love Hermione Granger? The average child spends on average 7 hours per day consuming media – the equivalent of a second school day, on which parents and educators have very little control of. Instead of dreading its influence, what if we saw the media as an opportunity to teach our students about inequalities? Or, even better, what if we tried to turn it into a tool for empowerment? This workshop will focus on explaining the issue of representation in the media, give practical tools to teach it to KS3 and KS4 students and will explain why a fair representation also starts in the classroom.
Georgina Williams and Vicky Mitchell (Youth Volunteers) Teaching The Talk	N.307 (First Floor)	Teaching the 'Sex' Talk - Approaching Sex and Sexuality in the classroom Teaching 'The Talk' offers affordable training sessions facilitated by young people empowering teachers with practical skills to feel comfortable delivering Relationships Sex and Education. In light of the new guidance on Relationships Education and Relationships and Sex Education (RSE) Teaching 'The Talk' offers teachers the unique experience of working with our youth facilitators (all 20 and under). We are offering teachers the chance to pilot our training session on Sex and Sexuality where we will be working with teachers to identify their fears about facilitating RSE lessons talking sex whilst being inclusive of LGBTQ+ identities. We will support teachers to create practical action plans to take back to their schools to support non-heteronormative sex education.
Callie Nestleroth (Artistic Director), Clare McCall (Associate Director and Director of Participation) The Heroine Chronicles	N.121 MUSIC (Lower Ground Floor)	A Feminist Perspective on the English Curriculum As a theatre and participation company, The Heroine Chronicles creates performances that reexamine the female characters from our taught literary cannon. In this session we will use two shows from the company as examples, discussing our ways of making and delivering feminist content for schools, and how we encounter gender politics through literature on the English Curriculum. This session is aimed at teachers. The Heroine Chronicles will be also be running a stall over lunch.
Rebecca Mace, PhD Research & Head of Digital Character Development, UCL, IoE	PH.409 (Second Floor)	Social Media and Mental Health: The Highs and Lows and Likes and Follows Grounded in evidence based research this workshop will foster discussion, practical strategies and further food for thought with regards to social media and teenage mental health. As well as considering the impact of an 'always on' culture, the workshop will address the pressures faced online by adolescents; sexting, cyber bullying, digital self harm, and the framing of gender through social media. Participants will be encouraged to develop strategies that foster digital resilience through sharing practical activities and ways to promote healthy interaction both on and offline.

'WORKING TOGETHER'- PANEL DISCUSSION

14.15 - 15:10 | Main Hall

This panel discussion aims to explore some of the different challenges our community is facing related to gender and education, and share some different approaches to fighting prejudice and empowering young people. The emphasis will be on sharing different perspectives and celebrating collaboration towards shared goals. Audience questions are encouraged!

Panellists:



Afia Ahmed

Afia is a History teacher based in Croydon on the Teach First Programme. She graduated with a degree in History, and a Masters in Education, Policy, and Society from King's College. Her research is based primarily on Muslim students and their aspirations, Islamophobia in the classroom, disparities in cultural capital, and concerns of the working classes in education and the labour market. Her most recent work, a chapter in the acclaimed book, 'It's Not About The Burqa', was also serialised in the Sunday Times.



Charly Young

Charly is CEO and Co-founder of The Girls' Network – a charity that provides 14-19 year old girls from the least-advantaged communities across England with a female mentor and a network of professional female role models. As a secondary school teacher, she saw first-hand how girls and young women were limited by their gender and background, and knew she had to do something! She has since grown the charity from supporting just 30 girls in 2013, to over 1,000 in 2019.



Janeen Hayat

Janeen is a lawyer, teacher and mother of three. She started her legal career working on implementing education reforms for the Bloomberg administration in New York City. She then practised corporate law for three years in London before retraining as a secondary school English teacher. Her experience of teaching and motherhood, combined with her undergraduate degree in Women's and Gender Studies, made her acutely aware of how early society boxes children into gender roles-- and how little we're doing to fix it. She co-founded You Be You to break down gender stereotypes for all children-- regardless of race, religion, or background -- starting from primary school. Janeen and her Co-Founder Bilkis will be running a workshop this afternoon.



Emilie Sundorph

Emilie is the Policy Officer at Teach First, working on the political priorities to create a fairer education system. She was previously a Researcher at the think tank Reform where she worked on a range of policy areas, including higher education, schools and police. Emilie will be running a workshop this afternoon.



Natasha Eeles

Natasha is the Founder of Bold Voices. She has an academic foundation in issues of gender and equality with an MSc in Gender and International Relations from the University of Bristol. Bold Voices provides equality education. Natasha founded Bold Voices in 2018 after seeing a need for young people to develop a critical awareness of gender inequality. Natasha is part of the 2020 cohort for the New Entrepreneurs Foundation Fast Track; an intensive 12-month programme to develop the entrepreneurial leaders of the future. Natasha will be also be running a stall for Bold Voices over lunch.

WORKSHOPS SESSION 2

(15.15-16.30)

Facilitator	Room	Workshop
Dinah Gibbons and Nicola Salmon. Anybody	N.211 (Upper Ground Floor)	Body Wise Fully interactive workshop providing an opportunity to explore body judgement with practical tips to help navigate and overcome a body-shaming world.
Eve Richardon (Co-Founder of Be Her Lead) and Antonia Ventura (Be Her Lead Pilot Participant)	N.212 (Upper Ground Floor)	Be Her Lead Taster Be Her Lead aims to empower women in teaching to build resilience and raise the aspirations of girls in their schools. We aim to build supportive communities of women in schools to tackle gender inequality at an early stage, and address rising mental health and wellbeing problems among teenage girls. This info and taster workshop is aimed at teachers interested in applying for our programme. The Be Her Lead team will also be running a stall at lunch.
Sallee Poinsette-Nash, Human Brand Builder & Founder, Brandable & Co	N.213 (Upper Ground Floor)	Are you selling or underselling yourself? An introduction to crafting a Personal Brand with one of the UK's leading female brand experts, Sallee Poinsette-Nash. In this session, you'll take the first steps towards understanding how to shape your personal brand strategy and explore how to position yourself to be seen, to be heard and to connect. This introductory workshop will give you time to explore whether you're selling or underselling yourself and guide you towards a more comfortable relationship with pitching yourself - both online and in person. You will leave the workshop with more confidence as you learn to use the power of potential to your advantage. This workshop is open to all ambitious individuals, regardless of their career!
Magda Oldziejewska, Rose Sinclair, Joanna Martin The Feminist Library	N.214 (Upper Ground Floor)	Feminist Education: Re-reading herstories, Re-thinking our methods The Feminist Library is a large collection of feminist literature in London, in existence since 1975. We are also a hub for feminist activity, with a huge range of events in our programme, from crafternoon workshops and zine making, to talks, book launches and activist meetings. Feminist education is at the heart of what we do. But what exactly do we mean by it? And how can we make it more widely prevalent and accessible? This workshop will explore these questions using ideas from a range of feminist literature from the Library for inspiration. The workshop will be aimed at educators, but everyone is welcome. The Feminist Library will also be running a pop-up library at lunch.
Sarah Eastaff, Secondary Schools Manager and Facilitator The National Theatre	N.210 (Upper Ground Floor)	Using Drama to Explore Our Experiences and Build Confidence Join us for a low-stakes drama workshop, open to everyone of all levels with no need to enjoy acting! We'll explore different exercises you could use with your students, exploring physical and mental confidence, shared experiences and active listening.

WORKSHOPS SESSION 2

(15.15-16.30)

Facilitator	Room	Workshop
Bethany Burgoyne, Founder, Sassy Stories	N.207 (Upper Ground Floor)	Sassy Story Telling Sassy Story Telling aims to break down barriers of shame by encouraging the discussion of "taboo" topics of conversation. Run by artist Bethany Burgoyne, host of The Sassy Show on YouTube, Sassy Stories uses creative play to challenge social pressures and negative stigma surrounding female autonomy and sexuality. It is by using art that stories are aired and shared; creating zines through collage to help find a language to discuss those sticky topics. Bethany will also be running a stall at lunch. **Please be aware that topics discussed will include sex, female sexuality, sexual health and abortion and bodily functions (e.g menstruation). Using language that may be considered rude or triggering for some.
Alice Hoyle, Relationships and Sex Education Expert Teacher Sex and History Project	N.312 (Upper Ground Floor)	What can beauty ideals from the past teach us about body image today? This Sex and History workshop will use a historical artefact to spark a conversation about beauty ideals and body image in the past and current day. Part of the session will include disseminating the findings and successes of using the Sex and History Methodology with students and recruit more schools to trial objects in. This workshop is aimed at students and teachers. Alice will also be running a stall at lunch.
Emilie Sundorph, Policy Officer Teach First Georgia Mumby Teach First	N.204 (Upper Ground Floor)	Challenging sexism in subject choices Teach First are planning a campaign to get more girls and women involved across sciences, making sure these fields do not seem out of reach for anyone just because of their gender. We would love to use this workshop to create a debate about what matters in the journey to increase participation, engagement and progression for girls in all subjects, and particularly in STEM. One of the things we will focus on is the inclusion of a diverse range of scientists in the curriculum - does it make a substantial difference to pupil perceptions? Does it matter more in some subjects than others? And what else needs to change to make all subjects accessible to pupils from all backgrounds?
Janeen Hayat and Bilkis Miah Co-Founders You Be You	N.204 (Upper Ground Floor)	Never Too Early: Breaking gender stereotypes for the next generation At You Be You, our vision is that no child leave primary school believing that their gender limits their potential -- regardless of their background. We are working toward this vision through resources for teachers and parents, and we've just finished our London pilot. We'd like to share the research backing our approach, our impact so far, and experiences of the group relating to children and gender stereotyping. The You Be You team will also be running a stall at lunch.

WORKSHOPS SESSION 2

(15.15-16.30)

Facilitator	Room	Workshop
Anna Vause and Esme Solomon (Youth Volunteers) Teaching the Talk	N.307 (First Floor)	<p>The 'Gender' Talk - Celebrating Gender Identity in a classroom</p> <p>"Teaching 'The Talk' offers affordable training sessions facilitated by young people empowering teachers with practical skills to feel comfortable delivering Relationships Sex and Education. In light of the new guidance on Relationships Education and Relationships and Sex Education (RSE) Teaching 'The Talk' offers teachers the unique experience of working with our youth facilitators (all 20 and under). We are offering teachers the chance to pilot our training session on Gender Identity where we will be working with teachers to identify their fears about facilitating RSE lessons that are inclusive of transgender and non-binary gender identities. We will support teachers to create practical action plans to take back to their schools and will accommodate the wider celebration of non-cisgender identities.</p> <p>**Please be aware that our sessions are not a place for debate of gender identity. We are a firmly trans-inclusive organisation and our sessions support the new guidance which is written under the Equality Act 2010 which makes clear schools should not discriminate against children on the basis of gender reassignment amongst other protected characteristics.</p>
Dr Nitu Bajekal, Gynaecologist and Lifestyle Medicine Physician Women for Women's Health	P.214 ART (Upper Ground Floor)	<p>Empowering Women To Make Informed Health Choices' with Women For Women's Health</p> <p>Group discussion, Q&A and workshop on empowering women to make informed decisions about their health and wellbeing. The session will include myth-busting on various women's health issues that can hold us back from achieving our full potential and around informed consent. Dr Nitu Bajekal, MD is a Senior Consultant ObGynin the UK with over 30 years of clinical, research and teaching experience. She is also the founder of Women for Women's Health, a voluntary service set up to educate, energise and empower women to make lifestyle choices to help improve their own and their families' health. Dr Bajekal is passionate about educating women, providing reliable medical and lifestyle information for the general public, doctors, workplaces and schools.</p>
Clare Wagner Headteacher West London Free School	P.213 (Upper Ground Floor)	<p>Why girls don't speak in class and how to encourage them to do so</p> <p>Girls' confidence is an issue that I have been trying to crack for 15 years. I worked in several top girls' schools and taught many girls who wrote extremely well but were reluctant to speak in class. As part of my Masters in Learning and Teaching at Oxford I studied this topic, spoke to many girls about why they don't speak in class and came up with some practical solutions to this problem. I will speak about the reasons behind the issue and how to encourage girls to speak in class. These tips will also help girls when it comes to interviews and in their future careers.</p> <p>Clare Wagner has taught and held leadership positions at several state and independent schools including North London Collegiate School, South Hampstead High School and Watford Grammar School for Girls. Clare has spent most of her career in girls' schools and has undertaken research into girls' confidence and oracy.</p>

ABOUT BE HER LEAD

Be Her Lead is a non-profit social enterprise that empowers women in teaching to build resilience and raise the aspirations of girls in their schools. We aim to build supportive communities of women in schools to tackle gender inequality at an early stage, and address rising mental health and wellbeing problems among teenage girls.



TACKLING DISADVANTAGE

We work with state-funded schools serving disadvantaged communities. In 2020 we will run programmes in spring and summer terms for 450 students and 135 teachers in 30 schools.

TRAINING TEACHERS TO SUPPORT GIRLS

We train up to 5 teachers per school to deliver workshops for a group of up to 20 girls they have selected in key stage 3, 4 or 5. The purpose of the workshops is to build resilience and raise aspirations. We provide teachers with resources covering a range of issues, from strategies to support mental health, to mapping out career goals.

SPARKING INSPIRATION

The workshops are complemented by school visits and trips to meet inspiring women in a range of industries, and a launch day bringing together students and teachers from different schools.

ENSURING IMPACT

Be Her Lead is a springboard for sustainable change in school communities; we support teachers to continue running workshops and expanding the programme in their schools.

Half Term 1



2 **2+** **1**

Teacher Training Days Support check-ins Launch day for students

Half Term 2



6+ **1+** **1**

Workshops in schools Role model visits or trips Celebration event

HOW WE SELECT TEACHERS

Be Her Lead seeks to maximise the potential of women in teaching to be effective role models and mentors. In order to ensure that the programme has the best possible impact, we have a rigorous application process for teachers wishing to be trained to lead the programme in their schools.

DIRECT OR VIA SLT REFERRAL

Female-identifying teachers can apply directly via our website or be referred by a member of their school's Senior Leadership Team. We select teachers who demonstrate engagement with the issues facing girls at their school and in wider society, and who display the ambition to use the programme as a catalyst for wider change.

BUILD A TEAM IN YOUR SCHOOL

If we offer you a place and your school has agreed to a financial contribution, teachers can choose a team of up to 4 other female colleagues to participate in training and help them run workshops and build a community in their school.

BE PART OF OUR NETWORK

After completing the programme, teachers are supported to continue running Be Her Lead in their school, use our online resources, and become active members of our alumni network, e.g. by participating in our annual conference.

HOW WE TARGET STUDENTS

The programme is designed for female students who are in need of extra support to reach their full potential. Teachers on the programme are encouraged to work with the pastoral team at their school, as well as consider the following suggested measures to identify suitable students:

- Eligible for Pupil Premium
- Displaying a lack of confidence or low emotional wellbeing
- Students from BAME backgrounds, with disabilities, or who are part of other marginalised groups

9 out of 10 students would recommend the programme to their peers



97%

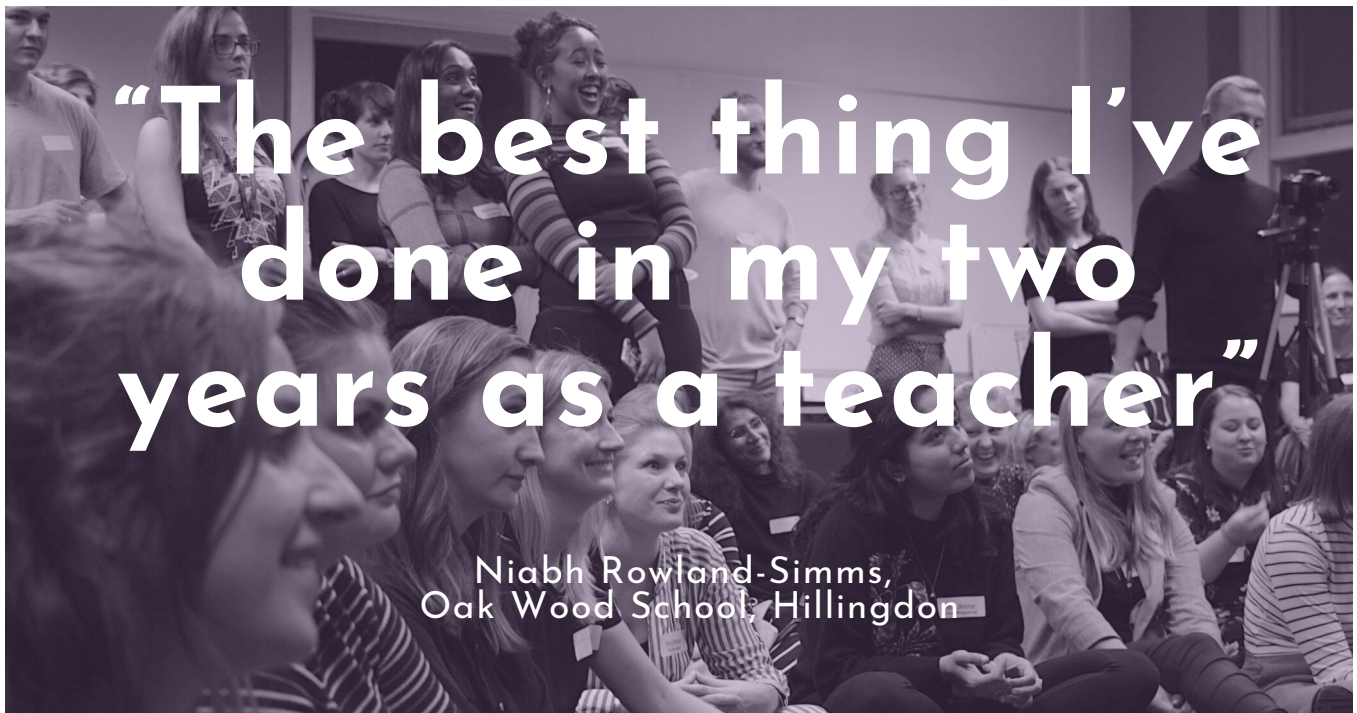
satisfaction rate from our teacher training days

-

"It is the best thing that the school has ever organised to help different girls in different ways and also to show the power that they have to overcome their inner fears."

-

Student Pilot Participant



APPLICATIONS ARE NOW OPEN!

Applications for teachers who wish to be part of our 2020 spring or summer programmes are now open via our website. The deadline for applications for our spring term cohort is 26th October 2019, and the deadline for applications for our summer term cohort is 17th December 2019.

Applicants should be aware that places on the programme are contingent on school contributions (contact us for more information). However, we have a limited number of bursary places available for exceptional applicants who are unable to secure funding from their school.

To find out more about applying for our programme for female teachers, please sign up via our website www.beherlead.com, or email us at hello@beherlead.com.

Work outside teaching and want to get involved?

We are reaching out to inspiring women working in challenging industries to strengthen, broaden and consolidate our impact on students and teachers.

During our pilot programme, we brought 20 women working in ambitious roles into schools to run workshops for under-confident teenage girls related to their careers and experience.

In 2020, we aim to bring 30+ role models into schools to deliver inspiring workshops, and we are collaborating with a range of workplaces and organisations to host Be Her Lead groups.

To find out more about being part of our network, please email nell@beherlead.com.

JOIN OUR NETWORK!



OUR SUPPORTERS

Organisations:

Teach First
Shackleton Foundation

Schools:

West London Free School
Villiers High School

Conference Volunteers:

Aggie Johnson, Alakina Mann, Annie O'Donoghue, Anya Gordon Clark, Bethany Borgoyne, Cecily Donnelly, Ellie Enfield, Freddie Hale, Gabi Field, Hannah Perkins, Hattie Bland, Jack Owen, Jake Dowse, Josh Luck, Kamaljit Lallian, Katie Lee, Katie Tyler, Kristin Lampe, Milly Clark, Nicola Phillips, Pip Lewis, Rachel Jeal, Sean Allen, Sonia Maciuszewicz, Sophie Griffiths, Stella Schito, Tish Bullman

Teachers & students from our pilot programme:

Lily Pinto (Reach Academy Feltham), Laura Katan (Park View School), Nathusha Srithas, Hannah Farah and Hannah Murphy (Villiers high School), Margaret Stewart (West London Free School), Alexandra Bott and Niabh Rowland-Simms (Oak Wood School), Mandeep Dhillon (Uxbridge High School), Antonia Ventura (Bolder Academy), Lauren Ferguson and Victoria Griffin (Logic Studio School)

Special thanks to:

Clare Wagner (Headteacher, West London Free School) and the site team at WLFS, Chris Richards (Deputy Headteacher, Villiers High School), Sofia Harman (Marketing support), UK Feminista for donating free resource packs, Laura Fraser and Carol Newby (Teach First Innovations Network), Victoria Clayton (Impact Consultant), Alexander Darby, J.R. Dawson, Bethan Moodey, Nicola Philips, & Bethany Burgoyne (film and photography), all of our speakers, panellists and workshop facilitators

...and our friends, family and partners for their unwavering support!